

January 2025



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
		1	2	3	4	5
		<p>10am Nature Walk: Ewen Maddock Dam Ask your support person to check on Tommy for more details.</p>	<p>Lost Treasure Markets @ Maleny Community Centre. A unique popup market with new, vintage and preloved collections.</p>	<p>Aura twilight markets. 4-8pm. Live music, variety of food stalls.</p>	<p>FREE flicks in the park, 6pm @ Tickle Park, Coolum. Movie: Despicable Me 4</p>	<p>Caloundra Street Fair, Bulcock Street. 8am-1pm. largest street market on the Sunshine Coast. Come and enjoy the markets that locals love.</p>
6	7	8	9	10	11	12
<p>School Holiday Sport Day. Dodge ball, netball, cricket, volleyball and soccer Ages 5-14. Ask your support worker to help you book in and register following the link!</p>	<p>10am Hit room class</p> <p>11:30am Meet at Kings Beach Ocean Pool. Bring a packed lunch and cool off from the warm weather.</p>	<p>10am Nature Walk: La Balsa Park. Ask your support person to check on Tommy for more details.</p>	<p>10:15am Hit Room Class</p> <p>Kids Holiday Program: @ Maroochydore Botanic Gardens. \$10 Ask your support worker to help you register and find activities following the link.</p>	<p>Let's go fishing 10am Picnic Point BYO Gear. Get your support person to confirm on Tommy.</p>	<p>Welcome to the Garden Guided Walk. Located at Maroochydore Botanic Gardens. \$5. Ask your support worker to help you book in and register following the link!</p>	<p>Pack a picnic and soak up the beautiful views at Buderim Village Park.</p>
13	14	15	16	17	18	19
<p>All Public transport is now. 50c. Would you like to learn how to catch the bus or train?</p>	<p>10am Hit room class</p> <p>11:30am Bowling at Strike. Get your support person to confirm on Tommy.</p>	<p>10am Nature Walk: Currimundi Lake Ask your support person to check on Tommy for more details.</p>	<p>10:15am Hit room class</p> <p>School Holiday Sport Day. Dodge ball, netball, cricket, volleyball and soccer Ages 5-14. Ask your support worker to help you book in and register following the link</p>	<p>Summer Bird Survey at Mary Cairncross Scenic Reserve. FREE. 7am – 9am. Ask your support worker to help you book in and register following the link!</p>	<p>FREE flicks in the park, 6pm @ Tickle Park, Coolum. Movie: Shrek</p>	<p>Fisherman Markets. 6am – 12pm Browse through dozens of stalls of fresh fruit, preloved clothes and food.</p>
20	21	22	23	24	25	26
<p>Great Botanic Clue Hunt. FREE Any day of the week. Come into the office and we can print out the hunt map</p>	<p>10am Hit room class</p> <p>Lawn Bowls 10.30am \$5.00 Mooloolaba</p> <p>Get your support person to confirm on Tommy for you.</p>	<p>10am Nature Walk: Ewen Maddock Dam Ask your support person to check on Tommy for more details.</p>	<p>10:15am Hit room class</p> <p>Lawn Bowls 10.30am \$5.00</p> <p>Mooloolaba: Get your support person to confirm on Tommy for you.</p>	<p>11:30am BBQ & Lawn Games @ Cotton Tree Park. Ask your support person to check on Tommy.</p>	<p>Aura Farmers Market. 7am-12pm. With everything from seafood to gourmet and sweet treats, the Aura Farmers Market has you sorted.</p>	<p>Sunshine Coast Hinterland Australia Day Expo at the Maleny Showgrounds. This event will promote the theme of, 'reflect, respect, celebrate</p>
27	28	29	30	31		
<p>Australia Day Public Holiday. Pack a picnic and enjoy the views at Laguna Lookout, Noosa.</p>	<p>10am Hit room class</p> <p>Mind Fit, 10 am. Located in Maleny. Grow a healthier mind and cognitive skills. Learn to refine and improve reaction time, balance and coordination.</p>	<p>10am Nature Walk: Buderim Falls, ask your support person to check on Tommy for more details.</p>	<p>10:15am Hit room class</p> <p>11:30am Maroochy waters mini golf. Get your support person to confirm on Tommy.</p>	<p>9:30am Zumba with Tianna at Bli Bli Public Hall. Ask your support worker to help you book following the link!</p>		

Scone Time - <https://www.trybooking.com/events/landing/1172456>

Pilates in the Botanical gardens <https://botanic-garden.sunshinecoast.qld.gov.au/see-and-do/whats-on/pilates-in-the-garden>

Thursday Yoga in Maroochydore https://sunshine-coast-council.trumba.com/healthy-sunshine-coast/Yoga-for-Everyone/E175304336?utm_source=sunshine%2Bcoast%2Bcouncil&utm_medium=website

Zumba with Tianna www.trybooking.com/CFSCA

Ageless Grace Brain Health Movement https://sunshine-coast-council.trumba.com/healthy-sunshine-coast/Ageless-Grace-Brain-Health-Movement-with-Music/E175304467?utm_source=sunshine%2Bcoast%2Bcouncil&utm_medium=website

Mind Fit https://sunshine-coast-council.trumba.com/healthy-sunshine-coast/MIND-FIT/E175308180?utm_source=sunshine%2Bcoast%2Bcouncil&utm_medium=website

Great Botanic Race: Printed copies available in office: <https://botanic-garden.sunshinecoast.qld.gov.au/see-and-do/whats-on/great-botanic-race>

Learn to travel through your supports: <https://www.queenslandsavers.qld.gov.au/tips-to-save/50-cent-public-transport-fares#:~:text=The%2050%20cent%20flat%20rate,Find%20out%20more%20at%20Translink.>

School holiday sport day <https://www.weekendnotes.com/kawana-indoor-sports-summer-holidays/>

Welcome to the garden guided walk <https://www.weekendnotes.com/welcome-to-the-garden-guided-walk/>

Markets - <https://www.visitsunshinecoast.com/guide/sunshine-coast-markets>

Artisan Markets Buderim <https://sunshinecoastartgroup.com.au/spring-artisan-market-nov24/>

Collectorama Fair Nambour <https://www.weekendnotes.com/collectorama-fair-nambour/>

Lost treasure markets <https://www.weekendnotes.com/lost-treasure-market/>

Currimundi and Caloundra markets <https://www.weekendnotes.com/the-best-caloundra-and-currimundi-markets/>

Free flicks Coolum <https://www.weekendnotes.com/two-additional-free-flicks-in-the-park-coolum/>

holiday program <https://www.weekendnotes.com/kids-holiday-programs-at-maroochy-regional-bushland-botanic-garden-in-january/>

2025 Sunshine Coast Hinterland Australia Day Expo on Dave Hankinson Oval at the Maleny Showgrounds <https://www.australiaday.org.au/qld/events/2025-sunshine-coast-hinterland-australia-day-expo-dave-hankinson-oval-maleny-showgrounds>

Important Information:

~Bring a companion card if you have one to all paid events, please if you have one.

~Remember water bottle, hat and sunscreen for all outdoor Adventures.

~Call the office to confirm your attendance for any activity or follow the links above to book ticket events in advance to not miss out.